

A Non-Melanoma Skin Cancer (NMSC) Multidisciplinary Care Team (MDT)

For basal cell carcinoma (BCC) and cutaneous squamous cell carcinoma (CSCC) cases.

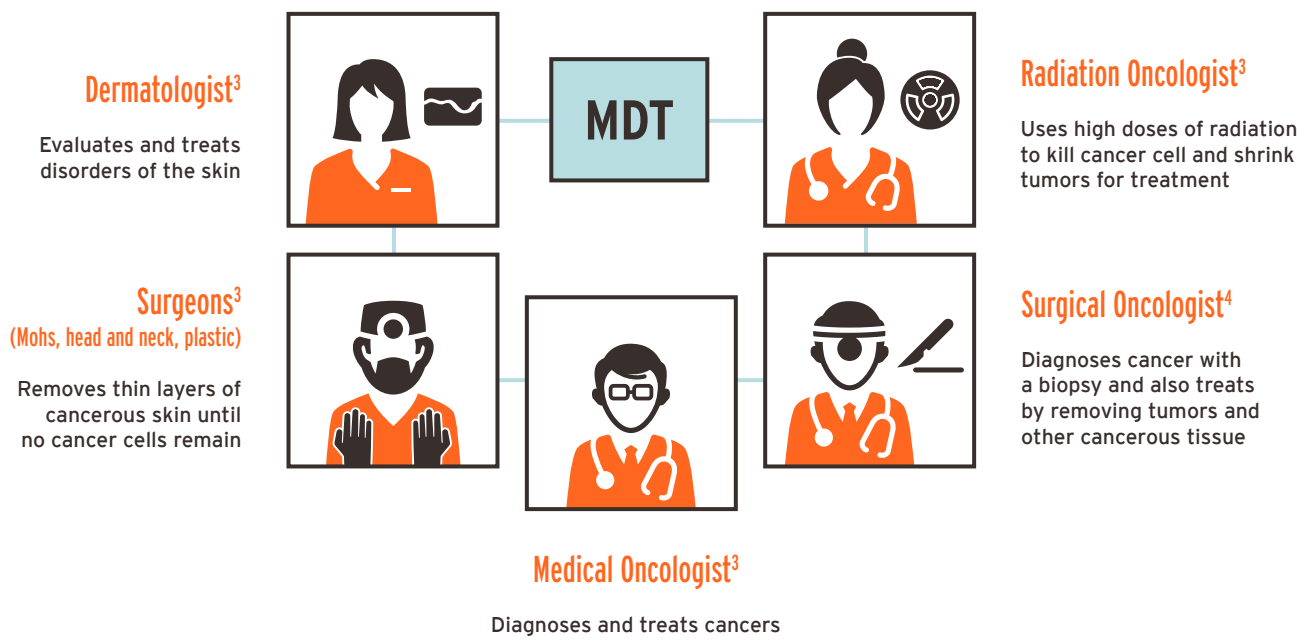


What is an MDT?

An MDT is a group of different specialized healthcare professionals involved in cancer care who work together with the overarching goal of improving treatment efficiency and patient care.¹

For patients diagnosed with NMSC, such as **BCC and CSCC**, their case may require specific medical expertise depending on the location, size, and stage of the cancer. If a case is advanced, it may require different healthcare professionals from various specialties to work together to manage the patient's disease.

This can include a **Dermatologist, Surgeons (Mohs, head and neck, plastic), Medical Oncologist, Surgical Oncologist, and/or Radiation Oncologist**, which will become a patient's MDT.²



The core function of an MDT is to **determine a care management plan that fits each unique case.**¹ Depending on the type and stage of BCC and CSCC, doctors might start working together with other healthcare professionals to develop a plan that is specific to the type of BCC and CSCC a patient may have.

Tips for Working With an MDT



Understand each physician's role in the MDT



Openly communicate about treatment goals



Ask questions about how the MDT determined treatment



Create a separate calendar to specifically track appointments

Options an MDT May Consider for Patients With NMSC

For BCC and CSCC cases.

Curettage and electrodesiccation⁵

The tumor is removed by scraping or shaving, then treated with heat or a chemical agent to destroy the remaining cancer cells. This is typically conducted by a Dermatologist.

Surgery⁵

Surgery intends to remove the cancerous tumor and affect surrounding tissues. BCC surgery is typically performed by a Mohs Surgeon or another trained surgical specialist.

Radiation⁵

Radiation therapy uses beams of intense energy, often X-rays, to kill cancer cells and shrink tumors. This treatment is given by a Radiation Oncologist.

Hedgehog inhibitor (HHI)⁵

HHIs are a type of targeted therapy that works by slowing down or stopping the growth of cancer cells. This treatment is typically given by an Oncologist and can be prescribed by a Dermatologist, Mohs Surgeon, or Oncologist.

Immunotherapy⁶

Immunotherapy helps the immune system recognize, attack, and kill the cancer cells, but may also target healthy cells. This treatment is typically given by an Oncologist.

Chemotherapy⁷

Systemic therapy (can be oral or IV) halts the growth of cancer cells by killing or stopping them from dividing. This treatment is typically given by an Oncologist.

*All treatment options can be used for BCC and CSCC, excluding chemotherapy, which is used for the treatment of CSCC only.

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3. Skin Cancer Foundation. Building Your Skin Cancer Team. <https://www.skincancer.org/blog/building-your-skin-cancer-team>. Accessed on April 1, 2024.
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